

*An ultra-short version of the essay 'Hate rules the world', intended for media, internet forums and print media.*

## Hatred rules the world – for how much longer?

As tears run down my cheeks, I say to a friend who is involved in the Palestinian question: “I don't get involved in that.” Nevertheless, I suffer daily from the sheer endless horror that still takes place in our highly civilized world. – Because to take sides would be to deny my understanding of these terrible events. It is hatred that rules the world; and it has done so for a very long time, as I explain and discuss in an essay entitled: “Hatred Rules the World”. What is going on? Let us consider that, while anger is a natural reaction in the rest of the animal world, a defense of life, hatred – the uncompromising hostility to life in its purest form – exists only in humans. I confess that I almost don't dare to say this here. Because the book “HOMO CAPUT”, in which I devote a lot of space to this topic, seems to be disliked by many readers. Nevertheless, the fact that this hatred, in stark contrast to our cultural achievements, continues to break through – often expressed in self-hatred – must say something fundamental about the deep inner human condition over which we have no control. Let us consider that the majority of both attacks and suicides are committed by young people in the transition to adulthood. In this unstable phase of life, in which decisive changes have to take place, hidden facts usually come to the surface and influence behavior, decisively.

I will limit myself here to mentioning the core point in our inner constitution. This terrible and frightening, but nevertheless valuable endeavor, is, however, merely the natural – for once literally meant – consequence of our specifically human history. This is based on our inner worthlessness. I discuss this terrible element, which occurs daily in our close (relationship conflicts) and distant environment, even without a real, nature-based reason, in detail in the aforementioned writings and in my blog “Forum UP!”.

Since the true, genuine well-being of people has been driving me since my youth, and I am finally able to present a genuine solution, the working title of my book, which is currently in progress, is: **“Love conquers the world! – Deep regeneration and its effects”**.

As tears run down my cheeks, I say to a friend who is committed to the Palestinian cause: “I don't get involved in that.” Nevertheless, I suffer daily from the sheer endless horror that continues to take place in our highly civilized world. – Because to take sides would be to deny my understanding of these terrible events. It is hatred that rules the world; and it has done so for a very long time, as I explain and discuss in an essay entitled: 'Hatred rules the world'. What is going on here? Let us consider that, while anger is a natural reaction in the rest of the animal world, a defense of life, hatred – the uncompromising hostility to life in its purest form – exists only in humans. I confess that I almost don't dare to mention the reason here. The book “HOMO CAPUT”, in which I devote a great deal of space to this topic, seems to be disliked by many readers. Well, I'll risk it anyway. The fact that this hatred, in stark contrast to cultural achievements, continues to break through – often expressed in self-hatred – must say something essential about the deep inner human condition over which we have no control. Let us consider that both the majority of attacks and most suicides are committed by young people in the transition to adulthood. In this unstable

phase of life, in which decisive changes have to take place, hidden facts usually come to the surface and influence behavior, decisively.

I will limit myself here to mentioning the relevant, and unfortunately general, core point of our inner constitution. This terrible and frightening, yet, despite all our efforts, continuously active element, is merely the natural – for once literally meant! – consequence of our specifically human history. It is based on our inner worthlessness. Yes, terrible!

Where this tragic core of our human inner condition comes from, which also happens without a real, nature-based reason, such as personally caused guilt, on a daily basis in our close (relationship conflicts) and distant environment, is something I discuss in detail in the mentioned writings and in my blog “Forum UP!”.

Since the true, genuine well-being of people has been my driving force since my youth, and I am finally able to present a genuine solution, the working title of my book, which is currently in progress, is: “Love conquers the world! – Deep regeneration and its effects”.